

Clinical Application:

TENSION HEADACHE

Tension headaches are often felt as dull pains in the back of the head, or sometimes as a heavy feeling rather than actual pain. Patients sometimes complain that it feels like they are wearing something on their head.



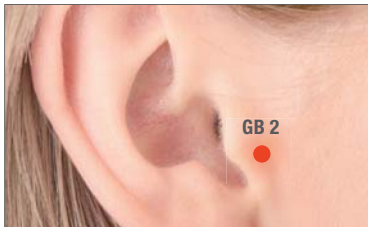
LR 3 Tai Chong (Great Rushing)

Recommended
NEW PYONEX

0.3 0.6 0.9

Location

On the top of the foot, in the depression anterior to the space between the bases of the 1st and 2nd metatarsals.



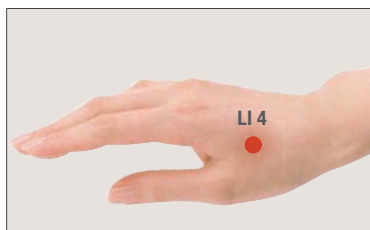
GB 2 Ting Hui (Meeting of Hearing)

Recommended
NEW PYONEX

0.3 0.6

Location

Anterior and inferior to the ear, in the depression formed when the mouth is opened. (In the pulse region of the superficial temporal artery.)



LI 4 He Gu (Joining Valley)

Recommended
NEW PYONEX

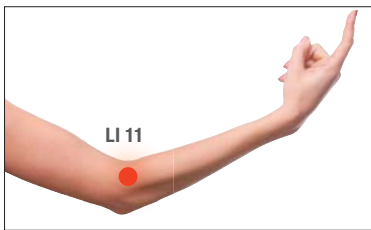
0.3 0.6

Location

In the depression inferior to the space between the bases of the 1st and 2nd metacarpals, closer to the 2nd metacarpal.



GB 21 Jian Jing (Shoulder Well)	
Recommended NEW PYONEX	0.9 1.2 1.5
Location	At approximately the midpoint of a line joining the LI 15 and DU 14 acupoints, on top of the shoulders. (A line joining the LI 15 and DU 14 acupoints, on top of the shoulders.)



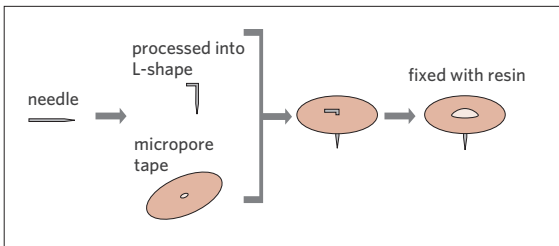
LI 11 Qu Chi (Pool at the Crook)	
Recommended NEW PYONEX	0.6 0.9 1.2
Location	With the elbow flexed at the lateral end of the elbow crease, anterior to the lateral epicondyle of the humerus.



LI 18 Fu Tu (Support the Prominence)	
Recommended NEW PYONEX	0.6 0.9 1.2
Location	3 cun lateral to the laryngeal prominence, and 1 cun inferior to the gonial angle. (At the center of the anterior border of the sternocleidomastoid muscle.)



DU 14 Da Zhui (Great Vertebra)	
Recommended NEW PYONEX	0.9 1.2 1.5
Location	Between the spinous processes on the 7th cervical and 1st thoracic vertebrae. (The vertebra that projects the furthest when the head is leaned forward is usually the 7th cervical spinous process.)



NEW PYONEX

“Virtually pain free” intradermal needles with an innovative L-Shaped, round-head design. This unique design feature ensures a strong bond between needle, resin and Micropore™ tape.